

# Helpful Hints and How to Get Ready for the First Day of Kindergarten!



## Clothing

- Practice snaps, zippers, and buttons on pants and jackets
- Wear tennis shoes every day for P.E.
- Practice and discuss public restroom etiquette (boys should practice using a public urinal)

## School Supplies

- Look for a backpack that is easy for your child to manage
- Practice using a lunch box and opening containers, such as Tupperware, drink boxes, small snack bags, and water bottles.
- Let your child explore with school supplies such as glue sticks, scissors, and writing utensils

## Personal Information

- Learn address and phone number
- Learn bus number
- Learn teacher's name

## Social Skills & Citizenship

- Practice taking turns, following directions, and sharing

- Discuss the "Golden Rule" of respect, flexibility, and conflict resolution
- Explore the McGaughey 3R's (Be Ready, Be Respectful, Be Responsible) on our website under the PBIS link

### Before School Starts

- Check the mail in July and August for important info
- Plan to attend school registration in August
- Use the parent resources on the McGaughey website: view the Kindergarten Orientation Slideshow to see pictures of the building and staff
- Visit the school and play on the playground
- Schedule your dental, physical, and eye exams early
  - All kindergarteners must complete a physical exam (with required immunizations), a vision exam, and a dental exam by the following dates:
  - Physical and Vision Exams-Prior to Oct. 15<sup>th</sup>
  - Dental Exam- Prior to May 15<sup>th</sup>
  - Exam forms may be downloaded from the district website or obtained from the school office

### As School Begins

- Attend orientation evening
- Establish your permanent routine from day one
- Have your child wear his/her assigned bus tag every day the first two weeks of school
- "Quick Goodbyes Leave Drier Eyes!"

### Contact Information

- McGaughey Office Phone: (217) 864-2711
- McGaughey Secretaries: Kaye Moran and Alicia Berg