

# MARCH 2019

## MT.ZION SCHOOL FOOD & NUTRITION 7-12

BREAKFAST \$1.65  
LUNCH \$2.55  
ADULT MEAL \$ 3.05

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

4  
STUFFED CRUST  
PEPPERONI PIZZA  
CORN  
PEACHES  
BEEF & BEAN BURRITO

5  
BONELESS WINGS  
COOKED CARROTS  
APPLESAUCE  
ANIMAL CRACKERS  
PANCAKE ON A STICK

6  
RAVIOLI  
BREADSTICK  
PEARS  
CELERY W/ RANCH  
BBQ RIB SANDWICH

7  
BREADED CHICKEN PATTY  
BAKED BEANS  
FRUIT COCKTAIL  
PEPPERONI BOSCO  
CHEESE STICKS

8  
EARLY DISMISSAL  
NO LUNCH

11  
SPRING BREAK  
NO SCHOOL

12  
SPRING BREAK  
NO SCHOOL

13  
SPRING BREAK  
NO SCHOOL

14  
SPRING BREAK  
NO SCHOOL

15  
SPRING BREAK  
NO SCHOOL

18  
CHEESE PIZZA  
CORN  
PEACHES  
HAMBURGER ON A BUN

19  
MACARONI & CHEESE  
HOT BREAD  
CARROTS W/ RANCH  
CINNAMON APPLES  
CHILI CHEESE WRAP

20  
MINI PANCAKE BITES  
GREENBEANS  
PEARS  
ITALIAN BEEF SANDWICH

21  
BOSCO CHEESE STICKS  
PEAS  
SLUSHIE  
HOT HAM & CHEESE SANDWICH

22  
FISH STICKS  
LETTUCE SALAD  
PINEAPPLE  
ANIMAL CRACKERS  
SPICY POPCORN CHICKEN

25  
CHEESEBURGER ON A BUN  
SWEET POTATO FRIES  
PEACHES  
MEXICAN PIZZA

26  
CHICKEN NUGGETS  
COOKED CARROTS  
APPLESAUCE  
PRETZELS  
TURKEY & CHEESE SUB

27  
BREAKFAST PIZZA  
GREEN BEANS  
PEARS  
SLOPPY JO

28  
PEPPERONI CALZONE  
PEAS  
FRUIT COCKTAIL  
CHICKEN FAJITA

29  
GARLIC CHEESE BREAD  
BROCCOLI W/ RANCH  
PINEAPPLE  
GRILLED CHICKEN SANDWICH

