

# MARCH 2019

## MT.ZION FOOD & NUTRITION K-3

BREAKFAST \$1.65  
LUNCH \$2.35  
ADULT MEAL \$ 3.05

Monday

Tuesday

Wednesday

Thursday

Friday

4  
STUFFED CRUST  
PEPPERONI  
PIZZA  
PEACHES  
STRING CHEESE / CRACKERS

5  
BONELESS CHICKEN WINGS  
COOKED CARROTS  
APPLESAUCE  
ANIMAL CRACKERS  
CHEF SALAD

6  
RAVIOLI  
BREADSTICK  
PEARS  
CELERY W/ RANCH  
CHEESE TOASTY

7  
BREADED CHICKEN PATTY  
PEAS  
FRUIT COCKTAIL  
TURKEY & CHEESE WRAP

1  
POPCORN CHICKEN  
LETTUCE SALAD  
PINEAPPLE  
YOGURT/ GRAHAMS

8  
EARLY DISMISSAL  
NO LUNCH

11  
SPRING BREAK  
NO SCHOOL

12  
SPRING BREAK  
NO SCHOOL

13  
SPRING BREAK  
NO SCHOOL

14  
SPRING BREAK  
NO SCHOOL

15  
SPRING BREAK  
NO SCHOOL

18  
CHEESE PIZZA  
CORN  
PEACHES  
STRING CHEESE/ CRACKERS

19  
MACARONI & CHEESE  
HOT BREAD  
CARROTS W/ RANCH  
CINNAMON APPLES  
CHEF SALAD

20  
MINI PANCAKE BITE  
GREEN BEANS  
PEARS  
CHEESE TOASTY

21  
BOSCO CHEESE STICKS  
PEAS  
SLUSHIE  
TURKEY & CHEESE WRAP

22  
FISH STICKS  
LETTUCE SALAD  
PINEAPPLE  
ANIMAL CRACKERS  
YOGURT/ GRAHAMS

25  
CHEESEBURGER ON A BUN  
SWEET POTATO FRIES  
PEACHES  
STRING CHEESE / CRACKERS

26  
CHICKEN NUGGETS  
COOKED CARROTS  
APPLESAUCE  
PRETZELS  
CHEF SALAD

27  
BREAKFAST PIZZA  
GREEN BEANS  
PEARS  
CHEESE TOASTY

28  
PEPPERONI CALZONE  
PEAS  
FRUIT COCKTAIL  
TURKEY & CHEESE WRAP

29  
GARLIC CHEESY BREAD  
BROCCOLI W/ RANCH  
PINEAPPLE  
YOGURT/ GRAHAMS

MENU IS SUBJECT TO CHANGES

