

JANUARY 2020

MT ZION FOOD & NUTRITION 4TH-6TH

BREAKFAST-\$1.75
LUNCH-\$2.65

Monday

Tuesday

Wednesday

Thursday

Friday



1
NO SCHOOL

2
NO SCHOOL

3
NO SCHOOL
HAPPY NEW YEAR

4
NO SCHOOL

5
NO SCHOOL

6
NO SCHOOL

7
TACO PIZZA WEDGE
CORN
APPLESAUCE
PORK PATTY

8
SPICY POPCORN CHICKEN
SALAD
FRUIT COCKTAIL
CHEEZ-IT CRACKERS
CHEESE CALZONE

9
BOSCO CHEESE STICKS
CARROTS/RANCH
PINEAPPLE
BBQ RIB SANDWICH

10
CHEESEBURGER ON BUN
SWEET POTATO FRIES
SLUSHIE
DELI SUB

11
STUFFED CRUST PEPPERONI
PIZZA
MIXED VEGETABLES
MANDARIN ORANGES
DELI SUB

14
CHICKEN NOODLE SOUP
CELERY/RANCH
PINEAPPLE
GRILLED CHEESE SANDWICH

15
BONELESS WINGS
CORN
PEACHES
ANIMAL COOKIES
CORN DOG

16
CHICKEN & CHEESE
QUESADILLA
CHIPS/SALSA
MIXED BERRIES
HAMBURGER ON BUN

17
MEATBALL SUB
PEAS
PEARS
VANILLA WAFERS
DELI SUB

20
NO SCHOOL

21
PANCAKE SAUSAGE STICK
BROCCOLI W/RANCH
PEACHES
ITALIAN BEEF

22
CHEESE RAVIOLI
W/BREADSTICK
CORN
APPLESAUCE CUPS
GRILLED CHICKEN PATTY

23
CHEESE PIZZA
BAKED BEANS
STRAWBERRIES
SLOPPY JOE

24
POPCORN CHICKEN
CARROTS/RANCH
PEARS
CHEEZ-IT CRACKERS
DELI SUB

27
PEPPERONI PIZZA
GREEN BEANS
SLUSHIE
DELI SUB

28
BACON CHEESE OMELET
A BISCUIT
PEAS
PEARS
BREADED CHICKEN SAND.

29
SALISBURY STEAK W/HOT
ROLL
MASHED POTATOES
MIXED BERRIES
HOT DOG

30
CHICKEN NUGGETS
COOKED CARROTS
PEACHES
CHOCOLATE CHIP COOKIE
BBQ PULLED PORK SAND.

31
CHICKEN FAJITAS
CORN SALAD
MANDARIN ORANGES
DELI SUB