

MARCH 2021

MT. ZION SCHOOLS FOOD & NUTRITION K-12

FREE BREAKFAST AND LUNCH
THROUGH THE END OF THE
SCHOOL YEAR PER USDA

Monday

HAM & CHEESE ON HAWAIIAN BUN JUICE CEREAL BAR PEACH CUP CHOCOLATE CHIP COOKIE MILK **1**

ITALIAN, TURKEY & CHEESE CIABATTA CARROTS & RANCH BAKED CHEDDAR SOUR CREAM CHIPS PEARS LEMON COOKIE **8**

HAM & CHEESE ON HAWAIIAN BUN CARROTS & RANCH MINI CINNIS PEACH CUP MILK **15**

ROAST BEEF & CHEDDAR CHEESE ON WRAP SOFT PRETZEL & CHEESE CELERY & RANCH APPLESAUCE CUPS MILK **22**

NO SCHOOL **29**

Tuesday

CORN DOG CARROTS & RANCH APPLESAUCE BAKED LAYS MILK **2**

ROAST BEEF & CHEDDAR CHEESE ON SUB BROCCOLI & RANCH MANDARIAN ORANGES CHEX MIX MILK **9**

BREAKFAST TACO CELERY & RANCH SUNCHIPS ORANGE WEDGES SHORTBREAD COOKIE MILK **16**

ROUND PEPPERONI PIZZA BROCCOLI, CAULIFLOWER & RANCH APPLE SLICES PUDDING MILK **23**

NO SCHOOL **30**

Wednesday

REMOTE LEARNING **3**

REMOTE LEARNING **10**

HAPPY ST. PATRICK'S DAY! REMOTE LEARNING **17**

REMOTE LEARNING **24**

NO SCHOOL **31**

Thursday

LUNCH MEAT COMBO ON HAMBURGER BUN BROCCOLI & RANCH MIXED FRUIT CUP CHOCOLATE RICE KRISPIE TREAT MILK **4**

CHEESEBURGER SLIDERS CELERY & CREAM CHEESE APPLES LICES & CARAMEL DIP CHEESE BALLS MILK **11**

GRILLED CHICKEN & CHEDDAR CHEESE WRAP GREEN PEPPER SLICES BAKED PLAIN CHIPS FUNFETTI COOKIE MIXED FRUIT MILK **18**

HAM & CHEESE ON HAWAIIAN BUN DILL PICKLE PEARS CHEETOS MILK **25**

Friday

TURKEY, BACON & CHEESE WRAP OR CHEESESTICK & CRACKERS DILL PICKLE DORITOS SLUSHIE MILK **5**

TURKEY, BACON, CHEESE SUB OR SOY BUTTER & JELLY SANDWICH DILL PICKLE COOL RANCH DORITOS MIXED BERRIES MILK **12**

TURKEY, BACON, & CHEESE PANINI OR CHEESE CUBES & CRACKERS SIDE SALAD W/ RANCH PINEAPPLE CUPS GRANOLA BAR MILK **19**

TURKEY, BACON, CHEESE, LETTUCE & TOMATO SANDWICH OR SOY BUTTER & JELLY SANDWICH CARROTS & RANCH SLUSHIE FUDGE COOKIE MILK **26**

