



Mt. Zion Junior High Volleyball Information

Tryouts: December 3rd and 4th from 3:00-5:00 pm in the field house

1. There will be cuts made after the first night of tryouts. You will receive emails each night of tryouts. Please check your email.
2. You **must** have a physical on file in the office to try out.
3. **8th** Graders wear a **black shirt**
4. **7th** graders wear a **red shirt**
5. **6th** graders wear a **white shirt**

Practice: Volleyball practices everyday. Team members will get a schedule once the team is announced. Our first practice will be Thursday, December 5th from 3-5 in the field house.

Expectations: It is expected that all volleyball members supply their own knee pads, black volleyball shorts, volleyball shoes, and socks.

For any other questions, contact Coach Behrends or Coach Daly at behrendss@mtzschoools.org or dalyj@mtzschoools.org